



Suggested Evacuation Supply List

Container Options: Individual Containers

Youth backpack: *around* this size 15x 13x 6

Adult backpack: *around* this size 21x14x7

Fanny pack for extra water or first aid

Stroller with BIG wheels

*Not recommended rolling: backpacks, coolers, garbage cans, suitcases, rubber tubs etc.

Water Options: Diversify

**Datrex* water pouches 4.2 oz. (5 year shelf life store in any temperature - freeze for ice packs)

*18 per person for 3 days - put additional pouches in fanny pack.

*1 gallon PC (optional with stroller or car)

* Water bottles (rotate every 12 months)

DO NOT store in garage or car.

* *Multi-pure emergency filter*— filters 100 gallons or 750 gallons (can filter pool/hot tub)

* Household chlorine bleach ok (be careful!)

Not recommended iodine tablets: allergic reactions possible

Light Options: Hands FREE

*Headlamp w/ AAA batteries— LED lights and rotating head

* *Snaplight* 12 hour light sticks (green is the brightest color; red light sticks show you need help!)

Not recommended: anything you have to carry. (e.g. lantern)

Food Options: Low Sodium & Low Sugar

**Datrex 3600 Calorie Food Bars* (5 year shelf life) store in any temperature—tastes like short bread cookie 1 or more 3600 cal. bar per person for 3 days

* Healthy Cereal (Raisin Bran® & Cheerios®)

* Low sodium trail mix, dried fruit, power bars etc.

*Other “Happy” food ok; chocolate, gum, candy etc. (in moderation) Store in controlled temperature. Will melt in car or garage.

Not recommended beef jerky, oatmeal or freeze dried food.

Sanitation Options: Privacy and a Toilet

*Feminine Hygiene

*Infectious Waste bags

*Baby wipes & antibacterial wipes

*Tube tent with rope

*Collapsible toilet or 5 gallon bucket w/lid

Not recommended scented soap

Heat and Shelter Options: Portable

*Thermal blanket

*Thermal mylar sleeping bag

*24 hour body heat pouches

*10 hour hot hands

*7,000 strike or 25,000 strike flint with

Paduke handle for kindling

*Tube tent with rope

Communication Options: Have a Plan

*NOAA weather radio/ flashlight

*Whistle with compass

*Family Reunification Plan for each person and pet— Emergency contact info

* Cell Phone charger— texting may work

*Out of town/state contact

Personal & First Aid: Individualize

*Prescription/non-prescription medication

* First aid Johnson & Johnson 170 piece first aid kit (1 per adult)

*Unscented deodorant and sun screen, tooth brush/paste, chap stick, tissue, extra glasses & contact solution,

* **clothing**: socks, underwear, hat, gloves and bra. Shoes and sweatshirt (put on top of backpack)

* Extra batteries, sewing kit, zip lock bags, rope, multi function tool, NOTEBOOK and pencil, **duct tape**, ready cash in small bills, small/light weight games, leather gloves, dust masks, map/compass.
